

# PLUNGER TIPS AND POLICIES

## PURPLE PLUNGE



### Things to Do

- Wear your Plunge costume under the outfit you wear to the event. This way you don't have to worry about changing and can stay warm longer!
- Wear a costume that's appropriate and non-discriminatory. Anyone wearing an offensive costume won't be allowed to Plunge.
- Bring along warm, clothes to wear after you Plunge that are easy to put on.
- Carpool. Parking can be crowded, so help us by coming as a group.
- Invite a friend to watch, take pictures and hold your dry stuff while you Plunge.
- Leave valuables at home or with a spectator. Purple Plunge is NOT responsible for items that are lost or stolen.
- Be sure to arrive early and give yourself enough time to check in, sign the waiver, and get ready.

### Things Not to Do

- Do NOT dive or flip into the water. This is a safety precaution for all Plungers that will be strictly enforced by the Dive Team.
- We advise you not to Plunge after drinking alcohol. Intoxicated people will not be permitted to Plunge.
- Do not run out of the water after you Plunge.

### What to Bring

- Old shoes, aquatic shoes, etc. All Plungers must wear shoes to Plunge. Don't forget to bring a pair of dry shoes to wear afterwards!
- Make sure to bring at least one towel with to dry off and warm up.
- Dry replacement clothes for after you're done Plunging.
- A duffle bag, backpack, garbage bag (to keep wet separate from dry), ect. It's a good idea to bring a bag with you for dry clothes and a bag for your wet clothes after you've Plunged.

### Purple Plunge Policies

- No diving or flips allowed.
- All Plungers who sign up will be given a waiver during the check-in process and must sign that they agree, to participate in the Purple Plunge.
- Costumes are encouraged but must be appropriate for this family friendly event.
- All Plungers must wear shoes.
- Purple Plunge is not responsible for any items lost or stolen. Leave your valuables at home!
- Breezewald, Park is alcohol-free. Purple Plunge is a family event, and law enforcement personnel have the right to remove any participants or spectators who do not adhere to this policy. Possession of open containers or other illegal substances, public intoxication, lewd or inappropriate costumes or disorderly conduct are all considered grounds for removal from the Purple Plunge.
- The Purple Plunge festivities will go on regardless of the weather. If weather requires that the actual Plunging portion of the event to be canceled, we will still be at the registration site to collect donations and have the Post Plunge Party and Raffle.
- Be respectful of others. Remember, we're all here for the same reason: to Support Purple Plunge and local cancer survivors.